

[00:00:00] Welcome to the Encouragement for Real Life podcast. I'm Julie Lefebure. Your host life is remarkable, sometimes raw and always real. And some days we could use a little extra encouragement for our real lives. Here you'll find that along with personal life impacting stories, helpful life hacks, timely inspiration, biblical insight, and a fresh perspective.

The encouragement for Real Life Podcast equips you to be a light in this world and to shine bright wherever God has you. I'm glad you're here today.

Julie Lefebure: Well, today is our guest episode for the month, and joining me on the podcast is another male, so it's our second male guest. Last month I had my husband on the podcast, and now this month I have our son, Zach Lefebure.

[00:01:00] Zach is a very wise soul in my opinion, even though he's in his late twenties. And he is a business owner. He is a newlywed. He is a man, I believe, I'd like to say after God's own heart. And he is just a really fun person to be around and he's a great son. And you know, he was , I would have to say, a very easy child to raise when he was young. And now that he's grown up probably living the life that he is desiring to live. I love watching our grown kids grow into the people that God desires them to be. So without further delay, I invite you to listen to our conversation. We had a great time together and I loved hearing what Zach had to say about life and about faith, and just about taking bold steps to do what God calls us to do.

So without further [00:02:00] delay, let's get into this episode.

Well, I'm excited today to welcome my son, Zach Lefebure, to the Encouragement for Real Life podcast. So welcome, Zach.

Zach Lefebure: Thank you. Good to be here.

Julie Lefebure: I'm glad you're here. Thank you for doing this. I'm thrilled. Zach is our second male. Last month we had, my husband Bill on the podcast, and now Zach is joining us today.

So Zach, tell us about you and who you are, what you do, anything you're passionate about. Just tell us about who you are.

Zach Lefebure: Okay. Um. Big shoes to fill after last week.

Julie Lefebure: Last month?

Zach Lefebure: Or last month. Excuse me. Yes. So my name's Zach, 27, about to turn [00:03:00] 28. I'm a photographer specializing in weddings, engagements, but really anything with people. What I'm passionate about. I'm passionate about really relationships. That's one big thing like I always preach in my photography business of building relationship with the people I work with and capturing moments that, that they'll be able to cherish for the rest of their life. And that's really, really kind of what my business is, is, , on just the, the basic level there. Yeah, passionate about relationships with friends, family. Even more than photography, relationships are, are so big to me and, and, staying close with, with people I am close to and, and building new ones.

Julie Lefebure: Yeah. Good. Now, how did you find your passion for photography?

Zach Lefebure: That's a good question. So I, had no idea what I wanted to do outside of high school. I went to a community college right down the road and, I think I needed like an extra class to fill my schedule [00:04:00] and I saw Intro to Photography. And I was like, you know what? I've always kind of been interested in photography, but never had, picked up a camera obviously besides my phone at that point. And then I decided to, to select that class, and the first day it was like God opened my eyes to what, what all it it could be. And I was hooked. And Intro to Photography turned into more classes and transferring to a four year school to capture all their sports action. And, and that's what I really wanted to do. And then, dabbled in weddings, here and there. And then really just, it was put on my heart to really just focus on that. And I think I've been doing it for eight years now. So yeah, it's crazy.

Julie Lefebure: That is crazy.

Zach Lefebure: Yeah.

Julie Lefebure: Wow. Yeah. Well, dad and I talked about last, last month that it was 10 years ago that you graduated from high school.

Zach Lefebure: Yeah.

Julie Lefebure: And here you are.

Zach Lefebure: Yeah. Insane. [00:05:00]

Julie Lefebure: Wow. Well, um, you recently quit your full-time job to pursue this passion of building relationships and photography. So can you tell us like

how that process went and how your faith impacted that decision and, and what, if anything, almost held you back. 'Cause you were working fulltime at, a printing company. Yeah, a printing company. And then you just, you decided to say goodbye to that and move into this full time. So tell us about that process.

Zach Lefebure: Yeah. Um, when I started at the print company, I was still, you know, the amount of photography work that I had , been doing was probably less than, you know, what part-time would be. It has just continued to grow and I worked at the print company for four years. I think it started 2020. Yeah, it was four years in October. And my photography business continued to, expand and obviously that was my goal, my dream to do this whole time. And it just got to the point where it was very hard to do [00:06:00] both. Which is a good problem to have. The last two falls, the kind of busy seasons were pretty tough , to navigate, doing both. But you know, in the slower seasons it was a lot easier in terms of what was holding me back. Looking back, I wish I would've made the change a little bit sooner, but obviously loved working where I did.

But, I think comfortability is a huge thing and, I know myself. I was comfortable in the spot I was. And sometimes making a change that makes you uncomfortable isn't so bad, so. So I guess that's kind of what, what, almost held me back. But very thankful that I made the change when I did. Um, in terms of faith, obviously, I, I prayed about it , when I should make this change. And, at the end of the day, I know that, God, has me, He's got me, and, , He's not gonna lead me astray. And so, just trusting in Him in this process was, was big. I obviously couldn't do it, , on my own. So, yeah.

Julie Lefebure: Yeah. Yeah. That's exciting. [00:07:00] Has it been exciting or has it been kind of nerve wracking? Or how, how has it been? 'cause you've only done. It was two months ago?

Zach Lefebure: Yeah, January 10th I think was my last day.

Julie Lefebure: Yeah.

Zach Lefebure: Yeah, I mean it's, it's both like very exciting. Because, , busy season really hasn't started. I've had a few weddings here and there. But , having a chance to, to work on things where I wouldn't have had the time to um, that's really exciting. And, and building a better experience for the people that I'm honored to serve and to work with it's just been a blessing that way. Where I'm able to put my all, into , the experience with people that, that work with me. So that's big. And then, yeah, I mean, it, it obviously is a change in terms of, , you know, the, the nine to five, having a steady paycheck every two weeks is

something where I was, you know, accustomed to and so that's certainly been a change. But no, it's been, it's been great.

Julie Lefebure: Good.

Zach Lefebure: Yeah.

Julie Lefebure: And, you're a newlywed.

Zach Lefebure: I am. Yes.

Julie Lefebure: Still, we'll call you a newlywed, right? When does that end? Like, at a [00:08:00] year?

Zach Lefebure: Maybe? I don't know. Yeah, we just, I guess technically had our six months. We were married August 31st, so we didn't have a, a true six month anniversary with February being the, true six months. But yeah, , it's been good. And I feel like I'm actually able to spend quality time with, with my wife now because I don't have to work after I get done working. So that's been really big and our relationship really has, has blossomed from that, that quality time instead of having a computer in my lap, while we're doing whatever. So, yeah, it's been really good.

Julie Lefebure: Yeah. And I've appreciated how you've not said this, but how I've caught this, that you try to work around Paige's schedule.

Zach Lefebure: Yeah, yeah.

Julie Lefebure: Because she has a varying schedule and

Zach Lefebure: Yeah, she's in the healthcare system, so her, her schedules changes on the week, so I , it's been nice to kind of have a little bit of more freedom of time in when I can work and, , kind of relate to, to her schedule. So when she's off, I'm able to spend more time with her.

Julie Lefebure: Yeah. That's great. That's good. What [00:09:00] have you enjoyed most about married life?

Zach Lefebure: Oh, that's a good question. Um. Hmm. That is a good question. You know, just continue , to build and grow together. Obviously it's been six months, so some, some ways it feels the same as, what we were before, but yet

different. It feels like, I don't know. It's, it's weird to say. It feels like the real deal now. And, and I'm just excited to see where, where we go together, where we grow and where life takes us.

Julie Lefebure: Yeah. That's great. Well, good. Well, you mentioned about your faith when you were making this decision to leave your job and to do this full time, so how are you actively growing your faith in Jesus like daily or weekly or , what do you do to, to grow your own faith?

Zach Lefebure: Yeah, definitely. So I always make a time, whether that be in the morning - I usually work out in the morning, whether that be before or after - to spend, time with God [00:10:00] and, and get in the Word. And so that's certainly been big. And it's been obviously going full-time photography I'm able to spend a little bit more time on that. Which obviously it shouldn't depend on outside circumstances like that. But it's been a little bit easier now to actively make that time. And then just continue to, , to pray and talk with God just throughout the day. You know, if I'm going to do something, doing this podcast, , I'm praying with Him on the way here 'cause it's not something I, I regularly do so.

And wedding days, like on my way to weddings, whether that be two hours away , or five minutes where I just had one this past weekend, I'm always praying for the day to go well, praying for the couple I'm working with's marriage.

Julie Lefebure: Mm-hmm. That's good.

Zach Lefebure: So, just continuing to communicate and pray with Him and, yeah.

Julie Lefebure: That's good. That's great. Yeah. That makes, , eternal impact. Yeah. That's wonderful. I love it that you pray for the couple too. That's awesome.

So, knowing [00:11:00] that the majority, probably the most of the listeners of the Encouragement for Real Life podcast are women and you're not.

Zach Lefebure: Yeah.

Julie Lefebure: What's some encouragement that you can offer a listener today from your perspective or just whatever, maybe God laid on your heart, even driving here. Any encouragement that you can offer?

Zach Lefebure: Yeah, I guess , being on the topic of , like I I'm chasing my dream. Like, I don't know, I live uncomfortable and chase the dream. Do what you want to do. You know, take a chance here and there. It's so easy to just go through life and do day after day of doing the same thing and being comfortable with where you are. Just go for it, you know? Do big things and don't look back. You know,

Julie Lefebure: Don't look back.

Zach Lefebure: Yeah.

Julie Lefebure: Yeah. So if someone is contemplating maybe making a change or doing [00:12:00] something out of their comfort zones, you'd say go for it.

Zach Lefebure: Absolutely. Yeah. I mean, think of it logically, of course. But yeah, I think everybody I talked to, even my sister, like she did it a year before me and she wishes she did it sooner. You know, it's, something that you kind of realize like, man, what would I have done with , another year of doing this? You know, even looking back like that. So, yeah. Go do it. Go do what you wanna do. I think, I forget what verse it is, but, um, like in the full grand scheme of things, you're just like mist. Like your life is just like mist in the wind. You know, it's, you only get one life here on earth and, and just make the most of it each and every day, so

Julie Lefebure: Yeah.

Zach Lefebure: Whatever that means for, for the um. respective person.

Julie Lefebure: Yeah. It's so easy to allow fear to come in and hold us back from

Zach Lefebure: Yeah.

Julie Lefebure: And who knows what God might wanna do with us when we're open and receptive. to stepping out of that comfort zone.

Zach Lefebure: Right. [00:13:00] Yeah. It may not be always something you're a hundred percent wanting to do, but being open and receptive to whatever change God has in store for you is, is huge.

Julie Lefebure: Yeah. And not to get stuck in a rut or

Zach Lefebure: Right.

Julie Lefebure: It's so easy to do. Something that's comfortable. We just wanna stay there.

Zach Lefebure: Yeah.

Julie Lefebure: Kinda like a comfort blanket or a comfy sweatshirt. You just wanna stay in there.

Zach Lefebure: Yeah.

Julie Lefebure: Um, you know, I was also thinking about, if you've read my book *Right Now Matters*, . I talk about Zach a couple times in the book and, and, I would love to know your perspective of that. In the introduction I talk about really what opened my eyes to , I had a problem with living distracted was a, instance at a soccer game of Zach's which would've been 10 years ago. That's hard to believe to me. Anyway, how did you feel about that when you, when you read it for the first time? I never, we've never really, I mean, we've talked about it.

Zach Lefebure: Yeah.

Julie Lefebure: But I [00:14:00] would love to have maybe you share your perspective of like, really, my mom really wasn't paying attention or

Zach Lefebure: Yeah I mean like at the time, it , could have fool like, I mean, you like credit to you. Like you, didn't miss anything of mine. You know, , and like a lot of, lot of kids can't say that about their parents. You and dad, you made a conscious effort to, to be at everything. And obviously it's different if, like you say you were distracted. Obviously that's, I get that. But yeah, I don't know. You know, things happen like that. I didn't really react one way or another. But, it's certainly something that we don't think about. Like the idea of you being there like that's all I noticed at the time.

Julie Lefebure: Yeah. You wouldn't have known any different,

Zach Lefebure: Right. It's obviously different, in your, your perspective of you missing a moment like that. I mean, it's a good reminder for, , for those who haven't read your book. I I would certainly recommend it. So, yeah.

Julie Lefebure: Thank you. Yeah. I just, I, I think God allows those things [00:15:00] to happen in our lives to, to wake us up and say, uh, wait a minute here. . Uh, you're missing out on things. You're you're missing out on life happening right in front of you.

Zach Lefebure: Right.

Julie Lefebure: Yeah. So thank you for allowing me to use that, use you as an example in the book. Um. , that was a fun, fun story to share, but also a hard story to share.

So, , anyway, , also thinking of that about our mother and son relationship, um, I would, I think it's just kind of fun to think about now that you're married and you're starting your own family um, we, I think we, we try to keep our relationship growing. Or at least from a mother's perspective, I wanna stay in, in, , my kids' lives. So, um, I would love to know what you think, what we do well to keep our relationship growing and maybe how we can encourage parents who have older children and the older children, um, [00:16:00] how we can encourage them to continue to grow their relationship. So what, what's one thing that you think that we're doing well in growing our mother son relationship?

Zach Lefebure: Yeah. . I think communication. I know I, we try to talk on the phone, you know, a couple, a few times a week just to check in, see how things are going. And I know that, you pray for me and everybody in our family every day, which is a blessing. And, and I try to do the same thing. I mean, I obviously wish we could all as a family to get together more. But, I think we make a conscious effort to as much as we can to, , to spend time together. Yeah, I mean , it can't always happen to, to get together. But I think communication, you know, whether that be on the phone or, or a video call or something like that, , often is, is, is huge to stay involved in each other's lives and know what's going on.

Julie Lefebure: Yeah. Yeah. Zach's been really good about, reaching out. Like [00:17:00] when he was working at his job, he would call I, it was almost like clockwork, like two or three times a week right after he'd get off work, he'd call. And that was, you know, I don't know if you've ever seen this, I've seen a reel floating around on Instagram of a mother and the caption is something when your son calls you, you, this mother has a whole bunch of things in her hand and like maybe she's heading out towards the, heading out the door to to go somewhere and her son calls or her daughter, but it said, son, and she just drops everything and plops on the couch.

Um, and that's what I always tried to do when Zach would call. I'm usually here in my office working and he'd call and I'd be like, okay, need to stop. And I would go upstairs and just not be distracted by work. But, you were really good about just calling. And you still do that well. But it's not clockwork anymore.

Zach Lefebure: Yeah. I don't have the reminder of clocking out of work and heading home is, is the time I'd call you, so.

Julie Lefebure: Yeah. So, if you have a parent, , still alive, um, my parents are both gone, but if you have a parent [00:18:00] still alive, I would suggest making time for that phone call every week or a couple times a week. That has really meant a lot to me as a parent and, um, I assume it's meant a lot to you.

Zach Lefebure: Definitely.

Julie Lefebure: Otherwise you probably wouldn't be doing it.

Zach Lefebure: Yeah, yeah. No. Yeah, it's, it's certain I'm very blessed to have you guys and Alissa very close. Not everybody has that, so I certainly don't take it for granted and appreciate how, how close we are.

Julie Lefebure: Yeah. We are close in location and close in relationship.

Zach Lefebure: Yeah.

Julie Lefebure: Yeah. And we do get together, you know, we just had a dinner the other night. All of us were together and that was fun and sometimes chaotic. And sometimes the meal doesn't turn out the way we want.

Zach Lefebure: It did. It was very good. I'll say that.

Julie Lefebure: I know. But it was, it was fun. It's always fun. It's always something that strange or fun that happens that we can always look back on. , Um, on the opposite side of that, , what could we do better as, [00:19:00] um, mother, son relationship? What, what could we do better?

Zach Lefebure: That's a good question too. I don't know. Do you have anything?

Julie Lefebure: I, I don't know if I really have anything. I was thinking of, I, I want to be so active in your guys' lives that I never wanna be the, the mother that will come across as getting in between your relationships. Between you and, you know, you and Paige. Yeah. Or Alissa and Morgan. Um. That I always have to keep in check. You know, your relationship to your spouse comes first.

You know, that, that scripture that talks about, you know, , son leaving their mother and father and clinging to his wife. , We wanna honor that and so. I don't know if that's something that we really need to improve. It's just something that I just need to continue to remind myself. That your relationship with your wife comes first and. [00:20:00] Um, I don't know if there's anything that I can think of. I'm sure there is that we could do better. Anything that you can think of.

Zach Lefebure: I don't know. It'd be great to get together more often, but you know, it's not always possible with everybody's, everybody's schedule. It's hard to get, six people and

Julie Lefebure: Two babies or two little boys.

Zach Lefebure: They have no, nothing going on. But yeah, six people who have, who certainly have different schedules. It's tough to line up sometimes. In a perfect world. But

Julie Lefebure: Yeah, I know some families do like a weekly, like a Sunday brunch or a Sunday dinner, and that would be great, but I don't know if we can all do that. But yeah. Yeah. So that's probably something we could probably do better. But yeah. Uh, , I mean, it kinda changes with the seasons too. Winter might be a little less hectic for families than summer or, I don't know. But we can also do more things outside when it's summertime.

Zach Lefebure: Yeah. Right? Mm-hmm.

Julie Lefebure: Um, so thinking more about this, our mother/son relationship, , when you were [00:21:00] still living under our roof what, what did I do to bug you? Because there's probably, you know, maybe you're the mom, that you still have children at home and your kids are shutting down. Maybe you're, you just feel like you're not connecting with them the way you wanna connect with them. So what did I do back then to hinder and be honest. Was I a helicopter mom? Um. I, I , met with a, a friend yesterday and she talked about how her sister actually told her, made her aware that her tone that she speaks to her family was very offensive and very, um, disheartening to them, and she didn't

even know that until after her kids were already grown. And so that was just something that popped in my head.

Like, you know, maybe there's things that we as moms do that we could maybe do a little bit different. Anything at all that you can think of? [00:22:00] Or was I just the perfect mom?

Zach Lefebure: You're up there. You're up there. , um, gosh. That, yeah, that's a good question. Um, I don't know. I, I mean, you gave me space when I needed space. I feel like that wasn't very often, but. I wouldn't characterize you as a helicopter mom.

Julie Lefebure: I think we parented different than many of your friend's parents because of what we thought, , how we allowed God to, um, affect and mold our parenting. I think that was, that might have been different. Did you notice any of that at all? I remember Alissa saying that at one point that we were more, probably more strict than other parents.

Zach Lefebure: Probably. But I, I don't know, maybe at the time it was annoying, but looking back, like , I [00:23:00] don't think I would, would change anything. Mm-hmm. You know, I feel like our me and Alissa's upbringing where it was it was great. I mean, I am sure there was certain instances where it's like, oh, I can't, like, why won't you let me do this thing? Or, you know?

Julie Lefebure: Yeah.

Zach Lefebure: But yeah, I mean, in the grand scheme of things, it's, I think it certainly worked out. Yeah. I, it's tough in that high school age when you want to do, even not high school, anytime where you have friends and they're doing something you want to do.

Julie Lefebure: Yeah.

Zach Lefebure: What they're, they're wanting to do. And it may not be the best, um, best thing. So looking back, I'm certainly thankful for, for how we were brought up. But I'm sure that was a little tough to realize at the time.

Julie Lefebure: Yeah. Yeah. And one thing that I remember that we did do that you guys really did not like, um, we made you do chores all week.

Zach Lefebure: Mm-hmm. Yeah.

Julie Lefebure: I mean, every week.

Zach Lefebure: Yeah.

Julie Lefebure: In order for them to go to the Friday night football games at, at school, they had to have their chores done. So do you remember what your, I mean, you kind of each had your own.

Zach Lefebure: Yeah.

Julie Lefebure: Was yours [00:24:00] dusting and.

Zach Lefebure: Dusting and vacuuming. I think. Yeah.

Julie Lefebure: And Alissa's was

Zach Lefebure: Swiffer

Julie Lefebure: and bathroom sinks. I don't know. Sinks. I don't know. Swiffer and.

Zach Lefebure: Or, uh, like, um, window or,

Julie Lefebure: Windows.

Zach Lefebure: Windows and mirrors.

Julie Lefebure: Ah, windows and mirrors. Yeah. So yeah, they each had chores to do and they, it was great. I didn't have to, I didn't have to vacuum, dust for years.

Zach Lefebure: Is that what you miss most about us being outta the house, being an empty nester having to vacuum.

Julie Lefebure: Yeah. And then we got that little vacuum that does its own thing. So, um. Yeah, so that was one thing that I was grateful that we did. And even if that's those, if those, um, traits or those skills you, that you didn't use, um, when you lived on your own, at least you learned them at home.

Zach Lefebure: Yeah, no, absolutely. And I don't know like at that age, you know, the [00:25:00] the act of, you know, working towards something, even if

it's something as simple as doing chores to go to a football game, it's, that's something that kind of builds that foundation. You don't always, can't always do what you wanna do. You have to kind of go through a process of, of getting there. So,

Julie Lefebure: Yeah. And so the opposite of that, what do you think, what did you appreciate most about either our parenting or uh, growing up here or, um, something that we, you know, we did well at?

Zach Lefebure: Yeah. I guess kind of going back to what I said with your book being present, I think that that was a huge thing. And even just the, the act of being there, um, it really showed that you guys cared about, what we were involved in or, or obviously just cared about us of wanting to to be involved in, in all that stuff. And, um, [00:26:00] I think that's huge. And not everybody has that, which I wish they did, but. Um, I'm certainly thankful for that. And maybe easy to just say, oh, go get a ride with these people's parents. And, um, and obviously that happens sometimes, sometimes, you know, things come up. But, um, yeah, I think that that was certainly one thing that I'm, uh super grateful for. And building, you know, the foundation of our faith. Um, obviously that goes without saying. Set us up for success in that way to to know how important, our faith is. Um, yeah.

Julie Lefebure: Uhhuh. Yeah. I remember the night when you and Alissa both put your faith in Jesus. We were sitting in, in, in her doorway. And I don't know why we were sitting there, but you did. And you were little and you know, that was just a, a moment for me as a mom I'll never forget. But you probably don't, you probably were so young. Maybe [00:27:00] you probably don't remember.

Zach Lefebure: Yeah, I don't distinctly remember it, but yeah.

Julie Lefebure: Um, you know, and, and my parents modeled that where they showed up for everything. Um my, my dad owned his own business and he would shut his, his mechanic garage down, um, you know, middle of the afternoon to come to our baseball games or our, , softball games or track meets. I mean, it never fails. I would, be on the starting line of the track meet and or race and I would look up in the stands and there were mom and dad. You know, and it was just very few parents were there, but my parents were always there. So that always meant to me. So when I knew when I had kids, I wanted to be that kind of parent too. So it's interesting how what we do can impact, you know, the next generation. And even the next generation. 'Cause even what my parents did for me, you know, they impacted really, you.

Zach Lefebure: Definitely, yeah.

Julie Lefebure: So, yeah, what we do really does matter.

All right, we'll close it up. Anything else that [00:28:00] you can share to encourage someone listening today? One last nugget. One piece of advice, one, 'cause you're pretty wise for, for your age, I'd say, and I think you have a lot to share. So anything that you could end us on today. Or a favorite scripture or anything.

Zach Lefebure: Um, yeah. Um, there's a book that I'm, uh, in the process of reading, it's called Psycho-Cybernetics. Um, it's kind of just talks about like self-image and, and changing the way of thinking, um, kind of setting you up for success. It says that, happiness isn't a destination, it's a habit. Um. And that, that's something that I've, in these last few weeks while I'm reading it, trying to, to really focus on that where, you, I don't [00:29:00] know, it's, we haven't talked about this, but like, you think you'll be happy once you get to this destination, and, and that's not always the case. It's you gotta do your best to be happy to in the, in the journey, in the, in the every day. Um And, and um, that might just make you get to that destination faster. You know, loving the work that you do. You're trying your best to. Some, sometimes the situation isn't always, isn't always great, but, um, trying to be focusing on putting effort into being positive and happy every day. That's something that I try to do my best at. So.

Julie Lefebure: Yeah. You're good at that. Yeah.

All right. Well, thank you for joining me here today.

Zach Lefebure: Yeah, thanks for having me. It was great.

Julie Lefebure: Yeah. I love having, um, the people that are really impactful in my life on the podcast. Um, my guest episodes, that's what I'm filling my guest episodes with this year. So thank you for being our third guest for [00:30:00] 2025 and happy early birthday.

Zach Lefebure: Thank you.

Julie Lefebure: Gosh, how can my youngest be 28?

Zach Lefebure: 10 years since I graduated high school? That's crazy.

Julie Lefebure: That's crazy. It is. Well, thanks again.

Zach Lefebure: Thank you.

Julie Lefebure: All right, love you.

Zach Lefebure: Love you too.

Julie Lefebure: All right. Thanks for joining us.

It was so enjoyable having Zach on the podcast today, and I pray that you found some encouragement and that you were blessed by our words and by his words. And I, I absolutely love having the people, um, that have really had an impact on my life as guests because I get to hear pieces of their lives, of their stories that maybe I would not normally get to hear.

And it was fun to hear Zach, uh, share his wisdom and insight and encouragement with us today. And so I pray that, that you were, um, encouraged and inspired as well. And so I as I was thinking about this and parenting and you know, [00:31:00] so many of us are in different stages of life, but through my almost 31 years of experience in Christian parenting, I love the fact that every stage is just a little bit different. And no, ma if you're, if you're in a stage of parenting that, that maybe you could just use a little help in, I would love to come alongside of you. I could help you navigate whatever stage of parenting you may be in today. Or maybe you're just feeling stuck or stagnant in your life or in your faith.

Well, I can help you discover the abundant life that you were designed to live, that God has designed for you to live through my Abundant Life Mentoring. I offer you the opportunity to work with me one-on-one. And this is tailored to your unique journey, your unique experiences, um, through encouragement, through biblical wisdom and through practical steps to help you move forward in [00:32:00] faith and in your life.

A link to my website, is in the show notes where you can go ahead and schedule your preferred time where we can get together. You can even have a, a 20 minute or so connection call with me to see if it's even possible that we could work together, uh, for both of our perspectives. I would just love to connect with you and I cannot wait to join you on your journey. So check out the show notes and find the link there.

And I encourage you too to please share this episode with a friend who could use this encouragement today. And you can always support this podcast by leaving a rating and a review from wherever you're listening, by subscribing. And if you prefer to watch the podcast, well, you can find us in video form on YouTube. So thank you for tuning in today. Have a blessed week and God bless [00:33:00] you.

Thank you so much for joining me here today. You can find more@julielefebure.com and until next time, stay encouraged.