

Lies We Believe vs. Biblical Truth

from Julie Lefebure

Lie We Believe	Biblical Truth	Scripture
<i>"I'm not good enough."</i>	<i>God has given me everything I need for life and godliness.</i>	2 Peter 1:3
<i>"I'll always be stuck in this."</i>	<i>God is making all things new, including me.</i>	Revelation 21:5
<i>"I'm too broken for God to use."</i>	<i>God's power is made perfect in my weaknesses.</i>	2 Corinthians 12:9
<i>"I have to figure everything out on my own."</i>	<i>God will instruct and guide me in the way I should go.</i>	Psalms 32:8
<i>"I'm a failure."</i>	<i>God works all things for my good, even my mistakes.</i>	Romans 8:28
<i>"Nobody cares about me."</i>	<i>God sees me, knows me, and loves me deeply.</i>	Psalms 139:1-3
<i>"I'll never be free from this struggle."</i>	<i>Jesus sets me free.</i>	John 8:36
<i>"I have to be perfect."</i>	<i>God's grace is sufficient for me.</i>	2 Corinthians 12:9
<i>"God is disappointed in me."</i>	<i>Those who are in Christ Jesus are not condemned.</i>	Romans 8:1
<i>"I'm not loved."</i>	<i>God loves me with an everlasting love.</i>	Jeremiah 31:3
<i>"My past defines me."</i>	<i>I am a new creation in Christ.</i>	2 Corinthians 5:17
<i>"I'm all alone."</i>	<i>God will never leave me or forsake me.</i>	Deuteronomy 31:6
<i>"I don't have a purpose."</i>	<i>God has good plans for my life.</i>	Jeremiah 29:11
<i>"I'm too weak."</i>	<i>Christ strengthens me to do all things in Him.</i>	Philippians 4:13

Lie We Believe	Biblical Truth	Scripture
<i>"Things will never change."</i>	<i>With God, everything is possible.</i>	Matthew 19:26
<i>"I am unworthy."</i>	<i>I am chosen, holy, and dearly loved by God.</i>	Colossians 3:12
<i>"I can't handle this."</i>	<i>God will strengthen and uphold me.</i>	Isaiah 41:10
<i>"I don't have what it takes."</i>	<i>God has given me a spirit of power, love, and self-discipline.</i>	2 Timothy 1:7
<i>"No one understands what I'm going through."</i>	<i>Jesus understands because He has been through it too.</i>	Hebrews 4:15
<i>"I'm invisible and forgotten."</i>	<i>God sees me and knows my name.</i>	Isaiah 43:1
<i>"God doesn't hear my prayers."</i>	<i>The Lord hears the prayers of the righteous.</i>	Proverbs 15:29
<i>"I'm a burden to others."</i>	<i>God says I am His workmanship, created for a purpose.</i>	Ephesians 2:10
<i>"I've messed up too much for God to forgive me."</i>	<i>If I confess my sins, He is faithful to forgive.</i>	1 John 1:9
<i>"I'm too old (or too young) to make a difference."</i>	<i>God has a purpose for me at every stage of life.</i>	Psalms 92:12-14
<i>"I have to earn God's love."</i>	<i>God's love is a gift, not something I can earn.</i>	Ephesians 2:8-9
<i>"I have nothing to offer."</i>	<i>God has given me unique gifts to serve others.</i>	1 Peter 4:10
<i>"I'm stuck in my past."</i>	<i>God is doing a new thing in my life.</i>	Isaiah 43:18-19
<i>"I can't change."</i>	<i>God is transforming me daily.</i>	Romans 12:2

Lie We Believe

"I'm not important."

"My situation is hopeless."

"I don't belong anywhere."

"God is mad at me."

"I'm too far gone."

"I have to be strong all the time."

"I have to prove myself."

"I am afraid of the future."

Biblical Truth

I am God's masterpiece, created for His purpose.

God is the God of hope, filling me with peace and joy.

I am a citizen of heaven and part of God's family.

God is slow to anger and abounding in love.

Nothing can separate me from God's love.

God's strength is made perfect in my weakness.

I am already accepted in Christ.

God did not give me a spirit of fear.

Scripture

Ephesians 2:10

Romans 15:13

Philippians 3:20

Psalms 103:8

Romans 8:38-39

2 Corinthians 12:9-10

Romans 15:7

2 Timothy 1:7

For more encouragement, visit julielefebure.com.