## **Helpful Verses About Worry**

Do not be anxious.

Philippians 4:6-7

Cast your anxiety on Him.

1 Peter 5:7

Do not fear.

Isaiah 41:10

Anxiety ways you down.

Proverbs 12:25

Cast your burden on the Lord.

Psalm 55:22

Don't let your heart be troubled.

John 14:27

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